**[Breakfast](https://scout.tveyes.com/)**

03/14/2017 06:22:26 AM

* [BBC 1 London](https://scout.tveyes.com/) /

* [U.K. National](https://scout.tveyes.com/)

really quickly, the story is quite interesting. Parent it helps you live longer, despite the worry. Parents, apparently with children, you might think that all the worry and stress might allow you to live less longer. Not according to this new study.